

**SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE MARIE, ON**



**COURSE OUTLINE**


**Course Title: Basic Studies In Addictions**

**Code No.: ADD101      Semester: II**

**Program: Social Services Worker Program**

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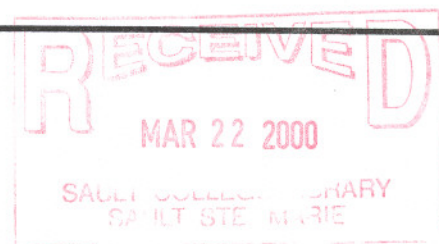
**Date: Jan '99      Previous Outline Date: Dec '97**

**Approved:   
D. Tremblay, Dean  
Health and Human Services**

**Date: **

**Total Credits: 3      Prerequisite(s): N/A  
Length of Course: 15 wks      Total Credit Hours: 45**

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written permission of The Sault College of Applied Arts & Technology is prohibited.  
For additional information, please contact Donna Tremblay, Dean,  
School of Health and Human Services, (705) 759-2554, Ext. 690.



**I. Course Description:**

This course will review research in the origin and appearance of addiction of various kinds. The course will introduce the student to the impact of addiction to drugs, alcohol and lifestyle, including gambling. Studies will include the effects and cost of addictive behaviour on the individual, the family, the workplace, and society generally. Current research related to prevention and treatment will be introduced.

**II. Learning Outcomes and Elements of Performance**

Upon successful completion of this course, the student will demonstrate the ability to:

**1. Develop an understanding of addictions as an individual and social problem.****Elements of the Performance**

- \* name and describe addictions to various substances and behaviours
- \* describe the "addictive personality"
- \* compare theories of addictions
- \* identify the impact of addictions on the individual, the family, the workplace, and society generally

**2. Describe effective intervention strategies which meet the needs and goals of children, youth, families, and relevant others.****Elements of the Performance**

- \* name various intervention strategies
- \* describe a format for intervention

**3. Identify and use professional development resources and activities to promote professional growth****Elements of the Performance**

- \* demonstrate awareness of relevant professional literature
- \* demonstrate awareness of relevant research sources on the Internet
- \* demonstrate awareness of community agencies mandated to respond to addictions

**4. Communicate effectively in oral, written and nonverbal forms to enhance the quality of service.****Elements of the Performance**

- \* submit reports in clearly written and/or typed format
- \* demonstrate use of APA reporting style/format

**III. Topics:**

1. Alcohol
2. Barbiturates/Benzodiazepines
3. Stimulants/Opiates
4. Antipsychotic Drugs/Antidepressants/Mood Stabilizers
5. Cannabis/Hallucinogens
6. Tolerance/Dissociation
7. Dependence/Addiction/Addictive Personality
8. Effects of Genetics/Family/Society
9. Gambling Addiction
10. Theories of Addictions
11. Special Populations
12. Effective Prevention Strategies
13. Effective Assessment Strategies
14. Effective Intervention Strategies

**IV. Required Resources/Texts/Materials****Provided by the College:**

Relevant handouts, films and videos

**Provided by the Student:**

Text: McKim, W.A. (1997). *Drugs and Behaviour: An Introduction to Behavioural Psychology*. Upper Saddle River, New Jersey 07458, U. S. A.

**Buddy System:** Please establish liaison with an ADD 101 student and get their contact number to correspond and communicate course material, notes, handouts, test dates, course changes, assignments, etc.

**Calendar:** Mark in important dates, exams, assignments. Dates are tentative. Please keep in touch with any changes.

**V. Evaluation Process/Grading System**

A final grade will be derived from the following:

Research Papers (2)	20%
Oral Presentation of 1 Research Paper	10%
Participation	15%
Test #1	20%
Test #2	15%
Test #3	20%
Total	<u>100%</u>

**Research Papers (2):**

Each paper will involve at least 5 professional articles of information from sources such as vertical files, professional journals, reputable articles from the internet, books, etc. on issues related to addictions. Articles must be current (no earlier than 1989). The paper should be written APA style and proper spelling and grammar are required. The paper should be typed and approximately 5 to 6 pages in length (double spacing is required). Proper format will be discussed in class with examples. Topics will need to be approved by the instructor to avoid duplication in presentations.

All papers are due on dates that will be established with the class. Lates (other than substantiated emergencies) will be docked **5 marks per day late** (ie. overnight).

Any emergencies in handing in assignments, performing orals, or writing tests on due dates must be discussed in person or notification made to the instructor by voice mail. Failure to notify the instructor (ext 564) on or before the date will result in a zero grade for tests or orals.

STUDENTS ARE REQUIRED TO KEEP A COPY OF ALL ASSIGNMENTS SUBMITTED TO THE INSTRUCTOR.

**Oral Presentation of Research Paper:**

Students are required to report the findings of one of their research papers. They are encouraged to utilize handouts, activities, overheads, blackboards, or discussion with the class during their presentations. Presentations should be 15 to 20 minutes in length.

**VI. Special Notes:**

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations confidentially with the instructor and/or contact the Special Needs Office, Room E1204, Ext, 493, 717, 491 so that support services can be arranged for you.

The instructor reserves the right to modify the course outline as he/she deems necessary to meet the needs of the learners.

Please do not discard this outline. It will be required by other educational institutions if you are attempting to obtain credit for this course.

**VII. Prior Learning Assessment:**

Students who wish to apply for advanced credit in the course should consult the instructor.